|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Median minutes of transport-related physical activity on average per day** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | Median minutes | Inter-quartile range | n | Median minutes | Inter-quartile range | n | Median minutes | Inter-quartile range |
| 18-29 | 526 | 30.0 | 11.4 - 60.0 | 759 | 12.9 | 4.3 - 30.0 | 1285 | 21.4 | 7.1 - 51.4 |
| 30-44 | 593 | 21.4 | 8.6 - 60.0 | 964 | 14.3 | 4.3 - 34.3 | 1557 | 17.1 | 4.3 - 45.0 |
| 45-59 | 342 | 20.0 | 2.9 - 45.0 | 537 | 17.1 | 4.3 - 34.3 | 879 | 17.1 | 3.6 - 38.6 |
| 60-69 | 159 | 17.1 | 1.3 - 60.0 | 297 | 12.9 | 1.4 - 30.0 | 456 | 12.9 | 1.4 - 34.3 |
| **Total** | **1620** | **25.7** | **8.6 - 60.0** | **2557** | **14.3** | **4.3 - 32.1** | **4177** | **19.3** | **5.0 - 45.0** |
| Location |  |  |  |  |  |  |  |  |  |
| Rural | 1269 | 25.7 | 8.9 - 60.0 | 2140 | 14.3 | 4.3 - 32.1 | 3409 | 19.3 | 6.4 - 45.0 |
| Urban | 351 | 21.4 | 4.3 - 51.4 | 417 | 12.9 | 2.1 - 34.3 | 768 | 17.1 | 2.9 - 45.0 |